

CITY SUBURBAN NEWS

PHILADELPHIA & THE MAIN LINE'S FAVORITE WEEKLY

FREE

**FIND YOUR
COMMUNITY
NEWS HERE!**

Year 27, No. 46

Celebrating 27 Years of Community News

August 1 – August 7, 2012

Agnes Irwin Student Climbs 20,000-Foot Mountain

Narberth resident considered the youngest non-Bolivian female to reach
top of Huayna Potosi



Lauren Fox, a rising senior at The Agnes Irwin School, and her brother, James Fox, attain the summit of Huayna Potosi on June 17.

This summer, Lauren Fox, a Narberth resident and rising senior at The Agnes Irwin School, traveled to La Paz, Bolivia to achieve one of her personal goals—climbing to the peak of Huayna Potosi, a 20,000-foot mountain that rises about 600 feet higher than Mt. Kilimanjaro in Africa. After training in mountain climbing, ice climbing and survival, Fox attained the summit of Huayna Potosi on June 17, becoming the

youngest non-Bolivian female and second youngest overall female to summit the glacier-covered mountain, according to senior professional guides in Bolivia.

“We believe that Agnes Irwin has played an important role in Lauren’s development and desire to challenge new frontiers,” said Laurie Kilpatrick, Fox’s mother. “During her Special Studies Program (SSP) service project last March, Lauren traveled to Bolivia to

See Student Reaches Peak of Huayna Potosi on page 10

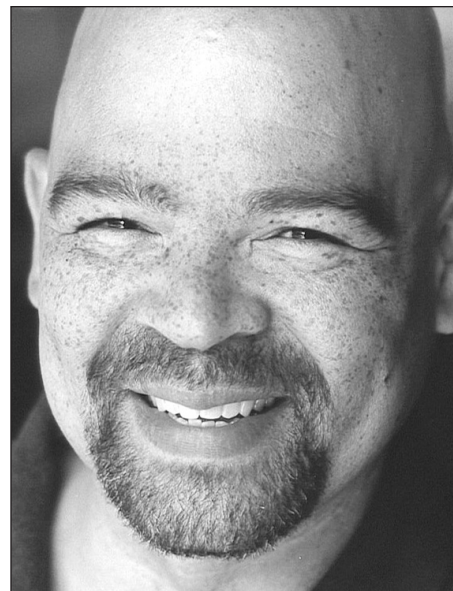
Brian Anthony Wilson of HBO’s “The Wire” Returns to *Swingin’ The Standards* at the Adrienne

Philadelphia’s own Brian Anthony Wilson, best known for his recurring role as Detective Vernon Holley on the award-winning HBO series “The Wire,” will headline his second *Swingin’ The Standards* show on Sunday, **August 5**, at the Playground at the Adrienne, 2030 Sansom Street in Philadelphia. Brian’s performance at the April 7 *Swingin’ The Standards* was an absolute knockout.

Brian will again be joined by an impressive lineup of crooners paying tribute to the Great American Songbook, including City Crooner Charlie Shoes (who can be seen singing standards, soul and R&B on street corners all over Philadelphia), Dave DeLuca (who performs a one-man Rat Pack show, singing in the styles of Frank Sinatra, Dean Martin and Sammy Davis, Jr.), Tamara Anderson (who has appeared in numerous stage musicals and films and also does a solo show called “Soul of a Chanteuse”), Darryl Thompson, Jr. (who sits on the board of the Dead Playwrights Repertory Company and sang backups for legendary Philly group The Dovells), and Rebecca Shoemaker (who has appeared at Resorts Casino in Atlantic City and Mohegan Sun at Pocono Downs).

Swingin’ The Standards is a family-friendly event and is the first of several shows to be presented on Sunday afternoons at the Playground at the Adrienne by Philly theatrical company Five Minute Follies. Future events include The Five Minute Follies variety show and more editions of *Swingin’ The Standards*. The next show will be on Sunday, **September 23**, and then the shows will be on the third Sunday of the month from October through December. All shows start at 3 p.m.

See “Swingin’ The Standards” on page 6



Brian Anthony Wilson will again be joined by an impressive lineup of crooners paying tribute to the Great American Songbook on **August 5**.

Wynnewood Performer’s Food Allergy Parody Will Knock Your Hypoallergenic Socks Off!

“When I was diagnosed with multiple food allergies, I had a choice: mourn my restricted diet in private, or write a music video about it set to the music of *Les Misérables*,” says Wynnewood resident Michael Bihovsky. His creative juices started flowing, and “One Grain More” was born. A musical theater composer and performer, Bihovsky called upon some of his most talented friends, and together they made it into a short film, parodying the song “One Day More” from *Les Mis*.

“One Grain More” tells the story of Jean Valjean, Marius, Cosette, and Epiphen, as they prepare allergy-friendly dishes for a party, and are soon overwhelmed by the challenges and general weirdness of various food substitutes.

The video, filmed in several Wynnewood locations, was released on YouTube on July 18. Within six days it had already received more than 10,000 views, having been shared by sources ranging from health food orga-

Michael Bihovsky searches for acceptable allergy-free food substitutes in his humorous new musical parody “One Grain More,” available on YouTube.

nizations to the former executive producer of *Les Mis* on Broadway. “With the prevalence of food allergies these days, people are getting a good laugh whether they are allergy

See “One Grain More” on page 6



**Evening Hours
Page 12**

**Education &
Back-to-School
Page 8**

**Find Great
Information &
Events Inside!**

**Your Community
Newspaper
CITY SUBURBAN
NEWS
610-667-6623
www.Scribd.com/
CitySuburbanNews
LIKE us on Facebook!**

**E-mail:
CitySuburbanNews@mac.com**

Stoltzfus Poultry & Stoltzfus Meats

OF LANCASTER COUNTY

We Now Carry Organic Chicken



Large Selection of Meats & Poultry Prepared Foods also Available

We offer a variety of side dishes made from scratch.

Poultry 610-896-8223 • Meats 610-658-2455

Ardmore Farmers Market, Suburban Square

Hours: Tues. - Fri. 8 a.m. to 7 p.m. • Sat. 8 a.m. to 6 p.m.

EVERY WEEK FIND GREAT ADVERTISING OPPORTUNITIES IN CITY SUBURBAN NEWS!

Call 610-667-6623 today to reach your customers!

PATRICIA PSYCHIC CONSULTANT
For You, a Friend, a Group or Event.



Patricia McMonagle has been doing readings all her life. She has the ability to guide people in choosing a positive direction for themselves. Experienced in helping detectives solve crimes, she believes, "Change can alter an outcome if you have information!"

Call 267-241-8473, email patricia.paradox22@gmail.com or visit www.PatriciaMcMonagle.com & facebook.

ASK ABOUT MY PSI INVESTIGATIVE WORK.

Advertise in City Suburban News to Reach Your Customers!

UPCOMING SPECIAL ISSUES:

August 8 – Education & Back-to-School, Healthy Living, Sr. Back Page

August 15 – Education & Back-to-School, Celebrating Jewish Culture & Community

August 22 – Education & Back-to-School, Healthy Living, Senior Services & Sr. Back Page

August 29 – SPECIAL 2-WEEK EDITION (Receive 2 weeks of coverage for the price of one week!), Education & Back-to-School, Sr. Back Page, Get Ready for Labor Day – EARLY DEADLINE – August 22 noon

September 12 – Education & Back-to-School, Healthy Living, Celebrating Jewish Culture & Community

Find Dining & Entertainment News Every Week!

Call 610-667-6623 for details. Deadline previous Thursday.

CITY SUBURBAN NEWS – Your Community Paper for 27 Years!

Summer DINING & ENTERTAINMENT

OUT-AND-ABOUT – Dining & Entertainment News

By Jerry H. Bloom, Staff Writer
Onstage

• **Kimmel Center for Performing Arts (Perelman Theater)**, 300 South Broad Street in Philadelphia, presents Jason Robert Brown, Tony Award winner for *Parade*, and a faculty of Broadway professionals teaching master classes to aspiring Philadelphia area students interested in pursuing a career in musical theatre. The Broadway faculty will perform alongside the students in *Express Yourself*, a concert, Saturday, **August 4**, 3 and 8 p.m. For tickets (\$23 - \$76) or info, call 215-893-1999 or visit www.kimmelcenter.org.

• **Mauckingbird Theatre Company**, at First Baptist Church, 1636 Sansom Street in Philadelphia, presents *Much Ado About Nothing*, Friday, **August 10 - 26**, turning a gay lens on William Shakespeare's timeless comedy. For tickets (\$25 adults, \$20 seniors, \$15 students) or info, call 215-923-8909 or visit www.mauckingbird.org.

• **Longwood Gardens**, 1001 Longwood Road in Kennett Square, PA, presents *Pat Metheny Unity Band*, **August 9**, 7:30 p.m. For tickets (Reserved Seating: \$35 - \$66; Members: \$30 - \$61) or info, call 215-893-1999 or visit <http://longwoodgardens.org/PatMethenyUnityBand.html>.

• **The Philadelphia Shakespeare Theatre**, 2111 Sansom Street in Philadelphia presents *Cymbeline*, **August 1 - 19** with two FREE preview performances, Wednesday, **August 1** and Thursday, **August 2**. Free tickets (maximum of 4 per person per day) are only available at the Box Office, located at 2111 Sansom Street in Philadelphia for the day of the performance. Tickets not available via phone or Internet. Subject to availability.

• **World Cafe Live**, 3025 Walnut Street in Philadelphia, presents *Brother Josphus and the Love Revival Revolution Orchestra*, Thursday, **August 9**, Doors 7 p.m., Show 8 p.m., offering New Orleans rhythms, old school soul, classic rock stylings, and feel-good gospel music. For tickets (Advance \$10 + processing fees; Day of Show \$12 + processing fees) or info, call 215-222-1400 or visit www.worldcafelive.com.

Summer Menu Changes

• **Stella Blu**, 101 Ford Street in West Conshohocken, offers NEW Jersey Fresh Menu of Jersey Fresh Produce. For reservations or info, call 610-825-7060 or visit stellabluerestaurant.com.

• **333 Belrose Bar & Grill**, 333 Belrose Lane in Radnor, offers Executive Chef Carlo deMarco's new starters, entrees, and desserts featuring fresh-from-the-farm produce and signature dishes. For reservations or info, call 610-293-1000 or visit www.333belrose.com/menus/dinner-menu.

• **401 Diner**, 401 Fayette Street in Conshohocken, offers a *2 for 1 Diner Dinner Deal*, Monday through Friday from 4 - 9:30 p.m., buy one dinner entree get one free, featuring a different entree each night **through August**. Dine in only. No substitutions. For reservations or info, call 484-351-8029 or visit <http://401conshydiner.com/menus.php>.

• **Fleming's Prime Steakhouse & Wine Bar**, 555 East Lancaster Avenue in Radnor, offers *Summer Lovin' Steak & Sangria Prix Fixe* dinners **through August 26**, featuring a summer salad, prime New York Strip Steak, and dessert for \$39.95 and a hand-crafted sangria pairing for \$7.95, plus tax and gratuity. For reservations or info, call 610-688-9463 or visit www.flemingssteakhouse.com/locations/pa/radnor.

• **Oyster House**, 1516 Sansom Street in Philadelphia, offers two steamed lobsters, corn on the cob, and drawn butter for \$26, a light dinner for two – or hearty feast for one on



Jason Robert Brown at the Kimmel Center **August 4**.

Wednesdays. For reservation for groups of five or more or info, call 215-567-7683 or visit www.oysterhousephilly.com.

New Openings

• **Surah Restaurant**, 1121 North Bethlehem Pike in Spring House, PA, offers traditional and contemporary Japanese specialties from Executive Chef Tae Yeon Kim and sushi chef Hitoshi Jin Saito. Chef Tae also offers a selection of Korean dishes. For reservations or info, call 267-470-4310 or visit www.surahpa.com.

• **In Riva**, 4116 Ridge Avenue in Philadelphia, opened *Bar Fiume*, Chef/Owner Arthur Cavaliere's new outdoor bar overlooking the Schuylkill River, offering In Riva's full food and beverage menu. Happy Hour specials are Tuesday through Friday from 5 - 7 p.m. and Saturday from 9 - 11 p.m. For reservations or info, call 215-438-4848 or visit www.in-riva.com.

• **The Industry**, 1401-1403 East Moyamensing Avenue in Philadelphia, a neighborhood restaurant and bar, serves Chef Szoke's only public Staff Meal in the city, every Sunday from 10 p.m. until 1 a.m., an ever-changing plate of the same meal served to the staff after the evening's service, for \$6 per plate. Chef Szoke also offers the *Monday Night Burger & Bubbles*, featuring The Industry Burger, a quarter-pound ground brisket burger with lettuce, tomato, onion and pickled mayo. The restaurant also serves food until 1 a.m. daily, and brunch throughout the afternoon, until 4 p.m., to accommodate the often unusual hours worked by industry folks. For reservations or info, call 215-271-9500 or visit www.theindustry-bar.com.

Beverage & Food Events

• **Verdad Restaurant & Tequila Bar**, 818 West Lancaster Avenue in Bryn Mawr, PA celebrates a third anniversary, Monday, **August 6**, offering Chef Nicholas Farina's *Flights of Three* menu featuring a trio of summer guacamole paired with a trio of tequila cocktails at \$15. Dinner guests can enjoy \$3 Margaritas along with \$3 Carnitas and Tacos. For reservations or info, call 610-520-9100 or visit <http://verdadres-restaurant.com/menu>.

E-mail releases two-weeks in advance of publication date to jerry@jerrybloom.com. Follow paragraph format above.

"One Grain More"

Continued from front page

initiates or not," adds Bihovsky.

"One Grain More" features performances by Bihovsky, Michael J. DeFlorio, Megan Ermilio, and Lily Bayrock, with Bayrock and Bihovsky also serving as co-directors. The film's cinematography was designed by Dena Blumenthal and Bernie Langer. The musical parody can be viewed on YouTube, or at www.michaelbihovsky.com.

A graduate of NYU, Bihovsky majored in Musical Theater Performance and Composition, and has written three original musicals to date. He is currently preparing for a series of New York readings of *The New Musical*, a pop-rock show inspired by his first-year college experience, for which he has written the music, lyrics, and book. He also teaches voice and acting.

"Swingin' The Standards"

Continued from front page



The Five Minute Follies presents *Swingin' The Standards* (A Tribute to the Great American Songbook) Sunday, **August 5, 2012** at 3 p.m. Doors open 2:30 p.m. at Playground at the Adrienne, 2030 Sansom St., Philadelphia, PA 19103. Tickets: \$15 advance, \$18 at the door or at <http://five-minutefollies.com/tickets/>.

See Dave DeLuca perform in "Swingin' The Standards."

Find great information and advertisers every week in City Suburban News! Friend us on Facebook!

Advertise in Our Next Jewish Culture & Community Issue!
Publishing August 15. Ad deadline August 8. Reserve Your Ad at 610-667-6623.